

Home Assessment Tools for Consumers



The National Council on Aging (NCOA) partnered with the University of Southern California (USC) Leonard Davis School of Gerontology on a series of projects to feature home modification and home safety programs, assessment instruments, and funding sources to provide resources for families and professionals.

For information on NCOA’s National Falls Prevention Resource Center, visit: <https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/>. For information on USC’s Fall Prevention Center of Excellence and efforts in home modification, visit: www.stopfalls.org and www.homemods.org. If you have any updates or additions to the list below, please contact homemods@usc.edu.

ASSESSMENT TOOLS FOR USE BY INDIVIDUALS AND FAMILIES			
Name	Author	How to Get It	Summary
Check for Safety: A Home Fall Prevention Checklist for Older Adults	Centers for Disease Control and Prevention	Available in English and Spanish. https://www.cdc.gov/st_eadi/patient.html	This checklist aims to help identify and eliminate fall hazards in the home. Organized by area of the home, it identifies common fall risks and recommendations to address them. The brochure also contains a section on Other Things You Can Do to Prevent Falls, including information on physical activity, vision, medications, and more.
HomeFit Guide	AARP	http://www.aarp.org/livable-communities/info-2014/aarp-home-fit-guide-aging-in-place.html	The AARP HomeFit Guide was created to help people stay in the home they love by turning where they live into a “lifelong home,” suitable for themselves and anyone in their household. The guide offers solutions that range from simple do-it-yourself fixes to improvements that require skilled expertise.
Rebuilding Together Safe at Home Checklist	Rebuilding Together, Administration on Aging, American Occupational Therapy Association	http://www.aota.org/~media/Corporate/Files/Practice/Aging/rebuilding-together/RT-Aging-in-Place-Safe-at-Home-Checklist.pdf	This list was developed to identify fall hazards, home safety, and accessibility issues for the homeowner and family members. Home safety, fall prevention, and accessibility modification interventions are included on the reverse side of the list.
Remodeling Today Guide: Design Ideas for the Kitchen and Bathroom	The Hartford Center for Mature Market Excellence	https://www.thehartford.com/sites/the_hartford/files/remodeling-guide.pdf	This guide is organized into two sections - Kitchen and Bathroom - with a checklist of universal design features to consider for inclusion when remodeling the home. It also includes resources on working with contractors and professionals.