



Fall Prevention Coalition - Los Angeles (FPC-LA)

Thursday, October 25, 2012, 10:00 – 12:00 pm

Attendees: 12

Carol Hahn (on phone, Adia Cares); Judy Hill, Manuele Mariani (Braille Institute); Helen Davis (City of LA Dept of Aging); Greg Misiaszek, Emily Nabors, Anna Nguyen, Jon Pynoos (FPCE); Jennifer La Fontaine (Huntington Hospital); Kym Hall (Motion Picture TV Fund); Tyesha Hilliard (Partners in Care Foundation); Gretchen Swanson (on phone, PT, MPH); Jack Bornoff (Senior Fitness Specialist)

I. Updates and Introductions

- Welcome new members Manuele Mariani, Independent Living Skills Instructor, Braille Institute, and Tyesha Hilliard, Program Manager, Partners in Care!
- FPAW (Fall Prevention Awareness Week) 2012 Resource Fair
 - FPC-LA Resource Fair at Braille Institute was a success – 120+ individuals attended, 96 screenings, 40% identified as high fall risk, 34 referrals made
 - Suggestions for the future:
 - Better address needs of: individuals with low vision including reducing noise levels in the room and Spanish speakers (had handouts but no translators)
 - Consider alternative form of information dissemination (e.g., DVDs)
 - Have historian take pictures/video and document the event
 - Provide training for volunteers on how to assist people with low vision while respecting/promoting independence, how to interact with guide dogs; Braille can provide training
 - Request blood pressure/diabetes screeners stay for entire event
 - Have presentations in morning and screenings in late morning, then lunch at end
 - Link to photos from event: <http://img.gg/JN9L0Hf>
- New handouts will be available on stopfalls.org soon – *Preventing Medication-Related Falls and Vision Loss and Fall Risk*
 - Upcoming handouts will focus on: diabetes, arthritis, feet/shoes
- Updated falls hotspots data and maps (top 20 zip codes with highest falls-death and falls-hospitalization rates) now available on Public Health Dept.'s website, here: http://ph.lacounty.gov/ivpp/injury_topics/falls/falls_data_new.htm
- Statewide FP Network Call – Wed, Nov 7th 10:30-12:00pm, on developing policy through CA Senior Legislature, ways to address challenges in our community
 - **TO DO:** Email Emily if you'd like to join the call: emily.nabors@usc.edu
- Member updates
 - Gretchen – Long Beach may be Stepping On program implementation site
 - *FP Connect* project with LA Fire County Dept.
 - **TO DO:** Email Greg if you have connections with fire stations: gmsiaszek@yahoo.com
 - Medic1 ambulance service EMTs certified to do home assessments
 - Fresno is doing an interesting program to raise awareness about asthma: <http://www.reuters.com/article/2012/10/19/us-investing-impactbonds-health-idUSBRE89I0U120121019>
 - MPTF Lifelong Learning Program (not all classes are open to public) – www.mptvfund.org/lifelonglearning
 - Los Angeles Caregiver Resource Center (LACRC) has an upcoming Caring for the Caregiver Conference on Sat, Nov 10th – <http://lacrc.usc.edu/Calendar/EventDetail.asp?EventId=1236>

- Partners in Care West Adams Site is looking for workshops on various topics (e.g., exercise)
 - **TO DO:** Contact Tye to host a workshop: thilliard@picf.org

II. Discussion: Increasing Referrals and FPC-LA Referral Tool

- Important to collaborate and work together – we rely on partners to reach everyone with FP information and spread our message further
- Reviewed Coalition overview document with descriptions of member organizations' falls-related services and contact information
- Members could use document as a referral tool to connect the older adults they serve with services in the community
- Suggestions: add websites, 800-numbers, sort by services, include title or position of contact person but main contact line, not personal/direct number
- Details to include:
 - key services (home assessment, home modification, vision, classes, benefits/payment assistance)
 - any free or low cost services offered
 - location/areas served
 - key eligibility criteria
 - Contact information: position of contact and general phone number
- Suggested target audiences: older adults, unpaid caregivers, paid caregivers, service providers
- Table: 1st column description, 2nd targeted public, 3rd services provided
- Next steps: identify needs in the community that we can target as a Coalition, what groups we as individuals/organizations can reach/want to reach
- Some new groups to partner with (continue discussion in teleconference scheduled below): barber shops, Meals on Wheels, mail carriers, real estate

III. Meetings in 2012 & 2013:

MARK YOUR CALENDARS! *We've reserved the 3rd Wednesday of each month (3rd full week that starts on Monday) next year for quarterly meetings and teleconferences on the in-between months*

- Thurs, Nov 8, 10-11a – teleconference: streamlining referral tool
- Thurs, Dec 6, 10-11a – teleconference: partnering with new groups
- Wed, Jan 23, 10-12p – in-person quarterly meeting, Braille Institute
- Wed, Feb 20, 10-11a – teleconference
- Wed, Mar 20, 10-11a – teleconference
- Wed, Apr 17, 10-12p – in-person quarterly meeting, Braille Institute
- Wed, May 22, 10-11a – teleconference
- Wed, Jun 19, 10-11a – teleconference
- Wed, Jul 17, 10-12p – in-person quarterly meeting, Braille Institute
- Wed, Aug 21, 10-11a – teleconference
- Wed, Sept 18, 10-11a – teleconference
- Wed, Oct 23, 10-12p – in-person quarterly meeting, Braille Institute
- Wed, Nov 20, 10-11a – teleconference
- Wed, Dec 18, 10-11a – teleconference

IV. Evaluation

- Members completed a survey to help improve Coalition functioning
- **TO DO: All members not at meeting** please complete survey here by Friday, November 16th : <http://www.surveymonkey.com/s/HHMQ28C>

Upcoming Teleconferences:

- Thurs, November 8, 10-11a – streamlining referral tool
- Thurs, December 6, 10-11a – partnering with new/unconventional groups