



Fall Prevention Coalition - Los Angeles (FPC-LA)

Wednesday, July 17, 2013, 10:00 – 12:00 pm

Braille Institute, Community Room

Attendees: 16

Kathleen Cole, Shirley Nakaki (Adapt Equals Ability); Rebecca Ortiz (AltaMed); Martha Miranda (be.group); Judy Hill (Braille Institute); Donovan Stewart (Cedars-Sinai); Helen Davis (City of LA Dept of Aging); Greg Misiaszek, Emily Nabors, Anna Nguyen, (FPCE); Gretchen Swanson (Heart of Ida); Jennifer La Fontaine (Huntington Hospital); Olga Vigdorichik (LA County Public Health); Kym Hall (Motion Picture TV Fund, Rebuilding Together); Catalina Sanchez (Partners in Care Foundation); Jorge Lambrinos (USC School of Social Work; AAPR Policy)

I. Updates and Introductions

- Welcome Kathleen Cole and Shirley Nakaki (Adapt Equals Ability); Rebecca Ortiz (AltaMed); Donovan Stewart (Cedars-Sinai)!
- Jorge is taking steps to get Los Angeles designated as an age-friendly city – open spaces, parks, accessibility to spaces and services, city is accommodating to people of all ages (including older adults); advocate to mayor
 1. Age-friendly checklist from World Health Organization (WHO) (http://www.who.int/ageing/age_friendly_cities_guide/en/index.html)
 2. Dept of Aging is currently housed in an aging-unfriendly area
 3. Connect with Dept of PH which has related initiative
 4. **TO DO:** Arrange a teleconference for those who are interested

II. Fall Prevention Symposium

- Target Audience – 60-80 key leaders, decision-makers, and directors as well as others who have roles in program delivery and implementation across LA County
- Description –
 1. To kick-start California's annual Fall Prevention Awareness Week,
 2. half-day invitational Fall Prevention Symposium and Call to Action
 3. illustrate the impact of falls and their outcomes on the County,
 4. encourage attendees to incorporate fall prevention into their work over the next year
 5. provide opportunities for skill building, information sharing, networking, developing partnerships, and best practices for replication
 6. launch a one-year effort to change the landscape of fall prevention in LA County
 7. provide attendees with the information and tools they need to take action
 8. attendees will network, build partnerships, and begin developing or strengthening their own fall prevention plans
- Speakers/Panelists on Falls an Issue/What We Can Do
 1. Cathy Chidester, Director, LA County Emergency Medical Services Agency
 2. Chief Brian Cummings, City of Los Angeles Fire Department
 3. Robert Wang, MD, Director, Olympia Medical Center Department of Geriatric Health
 4. Aileen Harper, Center for Health Care Rights
 5. Anat Louis, PhD, City of Los Angeles Department of Aging
 6. Rachel Zerbo, MPH, CA DPH or Gretchen Swanson, PT, Heart of Ida
- Outcomes
 1. Attendees have tools to integrate FP efforts into their work
 2. Attendees understand their role in fall prevention
 3. New and strengthened existing FP partnerships

- 4. New and strengthened existing FP-related programs, services, outreach
 - Invitee List
 - 1. TO DO: Email your invitee list to Emily Nabors at Emily.nabors@usc.edu by Friday, July 26th
 - Discussion
 - 1. Record Event for use in webinars and to share with those who could not attend
 - **TO DO: Emily/Anna** to check with Steve and see if USC can record
 - 2. Ask attendees permission to distribute contact information
 - 3. Invite local graduates of USC Home Modification Exec. Cert. Program
 - 4. Remember to address individuals as well as organizations
 - 5. Include in invitation criteria of why the individual is invited
 - 6. Consider including agencies that support people with developmental disabilities
 - 7. Recommendations that result from symposium can become policy recommendations
 - 8. Update Referral Tool with contact information from symposium attendees
- III. Call to Action
- Description
 - 1. Attendees encouraged to engage in new FP efforts (e.g., screenings, events, information dissemination, programs, policies, and partnerships)
 - 2. Attendees to track and share their efforts
 - 3. Judges will examine participants' efforts in terms of impact, innovation, network-building, and sustainability for the chance to win:
 - Feature on LA City View Channel 35's Aging Well in LA Online article posted on main USC website, USC Gerontology website, and StopFalls.org, USC Social Work
 - USC media release written by a USC staff writer
 - Call to Action will also serve as member recruitment effort for Coalition – Coalition will support those participating in Call to Action
- IV. FPAW Media Campaign
- FPC-LA is also coordinating balance and gait screenings at 5 locations across LA County during FPAW (Sept. 22-28)
 - A Balance & Gait Screening Toolkit was created to support Coalition members in conducting balance and gait screenings
 - During FPAW site coordinators for the screenings will beta-test the Toolkit
 - **TO DO: Emily and Anna** to share master list of screenings with Coalition
- v. Meetings and events in 2013:
- Teleconference TBD: finalizing Symposium timeline & content
 - Wed, Aug 21, 10-11a – teleconference
 - **Mon, Sept 9 – Fall Prevention Symposium**
 - Wed, Sept 18, 10-11a – teleconference
 - **Sept 22-28 – Fall Prevention Awareness Week**
 - Wed, Oct 23, 10-12p – in-person quarterly meeting, Braille Institute
 - Wed, Nov 20, 10-11a – teleconference
 - Wed, Dec 18, 10-11a – teleconference