



Fall Prevention Coalition - Los Angeles (FPC-LA)

Fall Risk Assessment Teleconference
Tuesday, November 19, 2013, 10:00 – 11:00 am

Attendees: 7

Danielle Johansen (Episcopal Senior Communities), Emily Nabors, Anna Nguyen (FPCE); Gretchen Swanson (Heart of Ida); Doug Melnick (LA County Public Health); Catalina Sanchez (Partners in Care Foundation); Wendy Caputo (Sunset Hall)

- I. FPAW Screening Results
 - Total of over 200 people screened, 70+ at high risk, referred to their doctors, local classes, stopfalls website
- II. Determine what should be covered in a fall risk screening
 - Balance & Gait
 1. Combined use of *Stay Independent* self-risk screening and balance & gait screening (Timed Up & Go or 8-Foot Up & Go) may make older adults more willing to take the referral to talk with their doctor
 - Medication Management
 1. **TO DO: Catalina** to look into using HomeMed medication management software (input list of medications and then pharmacist would screen for alerts) on Dec 4th as a test run
 - Low Vision:
 1. Need to find a way to screen for low vision
 2. **TO DO:** Contact Centers for Partially Sighted and Braille Institute for recommendations
 - Environment:
 1. Home screening – CDC, FP Connect screening tool?, AARP
 2. **TO DO:** Determine which assessment is best for our purposes
 - Additional Form: 2-sided handout for older adult with consolidated screening results
 - **TO DO:** Explore whether STEADI Toolkit is being translated into Spanish
- III. Trainings
 - Need to determine who is eligible – requirements or layperson vs professionals?
 1. Long Beach pre post – testing as part of 3-month Stepping On booster
 2. Training and mentoring/shadowing
 3. **TO DO: Danielle** to ask Sylvia Karl about training service coordinators as fall risk screeners; ask how risk is characterized by organization
- IV. Upcoming Meetings
 - **TO DO:** Determine teleconference dates for 2014
 - Agenda topic: who is eligible to do screenings and what are requirements if any
 - Agenda topic: determine goals for 2014 to indicate success for FPC-LA
 1. # of people trained to do screenings
 2. # of screening opportunities / sites – once a month or on an ongoing basis; maybe part of a course, program, or clinic
 3. # of referrals to PCP/other health care professionals/community programs (e.g., demand for services)
 4. # of FPC-LA partners involved - student orgs from pharmacy, OT, PT, nursing, social work
 5. Track data?