



Fall Prevention Coalition - Los Angeles (FPC-LA)

FPAW Media Campaign Balance Screeners Teleconference

Wednesday, June 12, 2013, 1:00 – 2:00 pm

Attendees: 7

Carol Hahn (Allpoint Home Health); Emily Nabors, Anna Nguyen (FPCE); Gretchen Swanson (Heart of Ida); Jennifer La Fontaine (Huntington Hospital); Linda Cantrill (Spirited Balance); Marilyn McLaughlin (invited by Linda; going through FallProof! Program)

- I. Balance Screeners
 - Gretchen will be doing screening in Long Beach
 - Carol will be doing screenings for Westchester; Linda and Marilyn to support
 - At Huntington Hospital, Jennifer will have the support of social workers and care managers from Senior Care Network
 - **TO DO: Steve** to update on who will be balance screener at Olympia Medical
 - **TO DO: Catalina** to update on who will be balance screener at Montebello Senior Center
- II. Screening Tool
 - Agreed to use 8-Foot Up and Go
 - Both Timed Up and Go and 8-Foot Up and Go are screening tools, not comprehensive assessments
 - **TO DO: Anna/Emily** to create one-page about TUG/8-Foot and why we are using 8-Foot Up and Go
- III. Preparing for Screening Event
 - **TO DO Linda** to pull together information about what is needed to have a successful balance screening event (e.g., chairs, clipboards) as well as personnel/volunteer roles by Friday, June 21st
- IV. Screening Tool Refresher
 - **TO DO: Linda** to gather good examples of 8-Foot Up and Go on Youtube or provide access to print materials (e.g., script to prompt and properly set up clients) by Friday, June 21st
 - **TO DO: Everyone** to review materials and bring questions to in-person meeting on July 17
- V. During FPAW Event
 - Can use Coalition members as volunteers as well as students interested in older adults
 - Put up CDC posters and disseminate FP handouts as reading material
 - Use attendees as emissaries to physicians to share the STEADI Toolkit
- VI. Next Meeting
 - Wed, July 17, 12:00p to 1:00p after the in-person quarterly meeting
 - **TO DO: Anna/Emily** to bring sample of STEADI toolkit and other handouts to the meeting to explore how to package it as take-aways for older adults who attend