



Fall Prevention Coalition - Los Angeles (FPC-LA)

Public Library Health Fairs Teleconference
Wednesday, February 20, 2013, 10:00 – 11:00 am

Vision: Promoting safe fall-free aging

Mission: To reduce fall risk for older adults through education, advocacy, planning, and community action across Los Angeles County

8 Attendees:

Edward Wilson (Blacks In Government & physical activity instructor); Emily Nabors, Anna Nguyen (FPCE); Donna Benton (LA Caregiver Resource Center); Rickey Sewell (LA County Fire Dept); Kym Hall (MPTF & Rebuilding Together); Catalina Sanchez (Partners in Care Foundation); Jack Bornoff (Senior Fitness Specialist)

I. Idea for 2013: Mini Health Fairs at Local Libraries

1. Host a mini-fair at a different library, possibly each month
2. Meet families, seniors, people who don't go to senior centers
3. Coalition member be responsible for coordinating with support from Coalition
4. Can include: FP presentations, screening of *Falling Monologues*, disseminating materials, health screenings (possibly utilizing students)

II. Process

1. Events are supported by the Fall Prevention Coalition – Los Angeles (FPC-LA)
2. This effort is to utilize public libraries and other public spaces to connect with populations that do not utilize senior centers or existing health fairs, to publicize the Coalition, and empower members to be proactively involved
3. How often fairs are held depends on member and venue availability
4. Provide all necessary materials on Coalition webpage - FP PPT presentation template, *Falling Monologues* link, FP handouts, evaluation documents, have flyer template, one page overview of Coalition, to-do checklist; cultural statistics on falls
5. Evaluation forms will be provided to help collect data on the various kinds of events that members might have (e.g., screening of *Falling Monologues*, FP PPT presentation)
6. Would be helpful to have pre-printed materials
7. Possible funding source for printing costs and refreshments

III. Possible Health Fairs Hosted by Members

1. Donna = LACRC has now site in Alhambra, can be responsible for one in June – looking for speakers
2. Gretchen = We'd like to use 'awareness' presentations around the city of Long Beach, maybe at the libraries and would love to complement what you decide
3. Edward = would like to do research first, local library doesn't have much parking and isn't very accessible

IV. Other Upcoming Events

1. Possibly March 8th - 100 women from AARP in Crenshaw area
2. March 19th - Alzheimer's Association health fair
3. LACRC March teleconference series on fall prevention

V. Upcoming Teleconferences & Meetings

1. Wed, Mar 20, 10-11a – teleconference on one-day symposium
2. Tues, Mar 26, 10-11a – teleconference on media campaign
3. Wed, Apr 17, 10-12p – in-person quarterly meeting, Braille Institute