Fall Prevention: Translating Knowledge Into Action

2009 ASA/NCOA Joint Conference Workshop
March 18, 2009 - Las Vegas, NV
California
Fall Prevention Projects
Poster Session

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Posters for Viewing

- 10 Community Fall Prevention Coalitions
- 3 Program Expansion Projects
- InSTEP Model Projects
- 2007 California Fall Prevention Summit
- Fall Prevention Awareness Week Resolution

The Fall Prevention Center of Excellence is supported by the Archstone Foundation
Community FP Coalitions

• Grant funding from the Archstone Foundation for 10 community coalitions
• FPCE provides technical and evaluation assistance to coalitions
• Phase 1 (April 2006)
  - 5 communities established new coalition or strengthened existing coalition
  - Needs Assessment and Strategic Planning
  - Community activity to build support for fall prevention and the coalition
Community FP Coalitions

Phase 2 (October 2007)

– Five new coalitions in different areas added
– “Enhancement” cycle for all 5 original coalitions – focus on coalition diversification, policy / advocacy work, public awareness, development of referral structure, sustainability
– Building mentoring relationship

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Archstone Coalitions in CA

- Ideal Vehicle for Assessing Needs, Developing Strategic Plans, Coordinating Services & Changing Policies
- Allows for Pooling Resources to Address Multi-factorial Nature of Falls at Local Level
- Successful Models Can Be Replicated Statewide

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Program Expansion: Improve Existing Programs

• 6 Programs Initially; Re-funded 3 in October 2007
  – Alzheimer’s Family Services Center (ADHC)
  – ONEgeneration (ADHC & Senior Center)
  – Jewish Family Services STRIDE (Senior Center)

• 3 Key Elements:
  – Add multi-factorial components to existing programs
  – Embed FP within larger organization
  – Develop & sustain external partnerships
Technical Assistance Briefs

#1 Implementing FP with Participants
#2 Implementing FP in Existing Organizational Structures
#3 Recruiting FP Coalition Members
#4 Strategic Planning for Coalitions
#5 Evaluation Basics
#6 Sustainability

Technical assistance and grantee-developed resources available at www.stopfalls.org
Thank You for Coming!

Fall Prevention Center of Excellence

www.stopfalls.org

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