



Fall Prevention: Translating Knowledge Into Action

2009 ASA/NCOA Joint Conference Workshop
March 18, 2009 - Las Vegas, NV



Teaching Fall Prevention in California Colleges

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Workforce Preparation for the Aging Population

- IoM “Retooling for an Aging America”
- U.S. HRSA/Bureau of Health Professions
 - Geriatric Training Initiative
- CA data demonstrating service providers have had poor exposure to “aging” content



The California Geriatric Education Center (CGEC)

- Evidence-based Health Promotion Programs based on AoA Model programs
- Research \Rightarrow Community \Rightarrow Academic Training
- Linked content to GGA professional competencies



Geriatrics & Gerontology Professional Competencies

- Assn for Gerontology in Higher Education
- Am Assoc of Colleges of Nursing
- Council on Social Work Education
- Am Assoc of Medical Colleges
- Am Society for Consulting Pharmacists
- None for Dentistry
- None for Public Health



Fall Prevention Competencies

MEDICINE	SOCIAL WORK
<ol style="list-style-type: none">1. Ask ...about falls in the last year, watch the patient rise from a chair and walk (or transfer), then record and interpret the findings2. In a patient who has fallen, construct a differential diagnosis and evaluation plan...3. Identify and assess safety risks in the home environment...	<ol style="list-style-type: none">1. Respect and promote older adult clients' right to dignity and self-determination2. Respect diversity among older adult clients, families, and professionals...3. Evaluate the effectiveness of practice and programs in achieving intended outcomes for older adults.



Fall Prevention Competencies

NURSING	GERONTOLOGY
<ol style="list-style-type: none">1. Assist older adults, families, and caregivers to understand and balance “everyday” autonomy and safety decisions2. Assess older adults’ living environment...3. Apply evidence-based standards to reduce risk...promote healthy activities...4. Recognize and manage geriatric syndromes common to older adults	<ol style="list-style-type: none">1. Understand common threats to loss of independence2. Use technology to enhance older adults’ function, independence, and safety

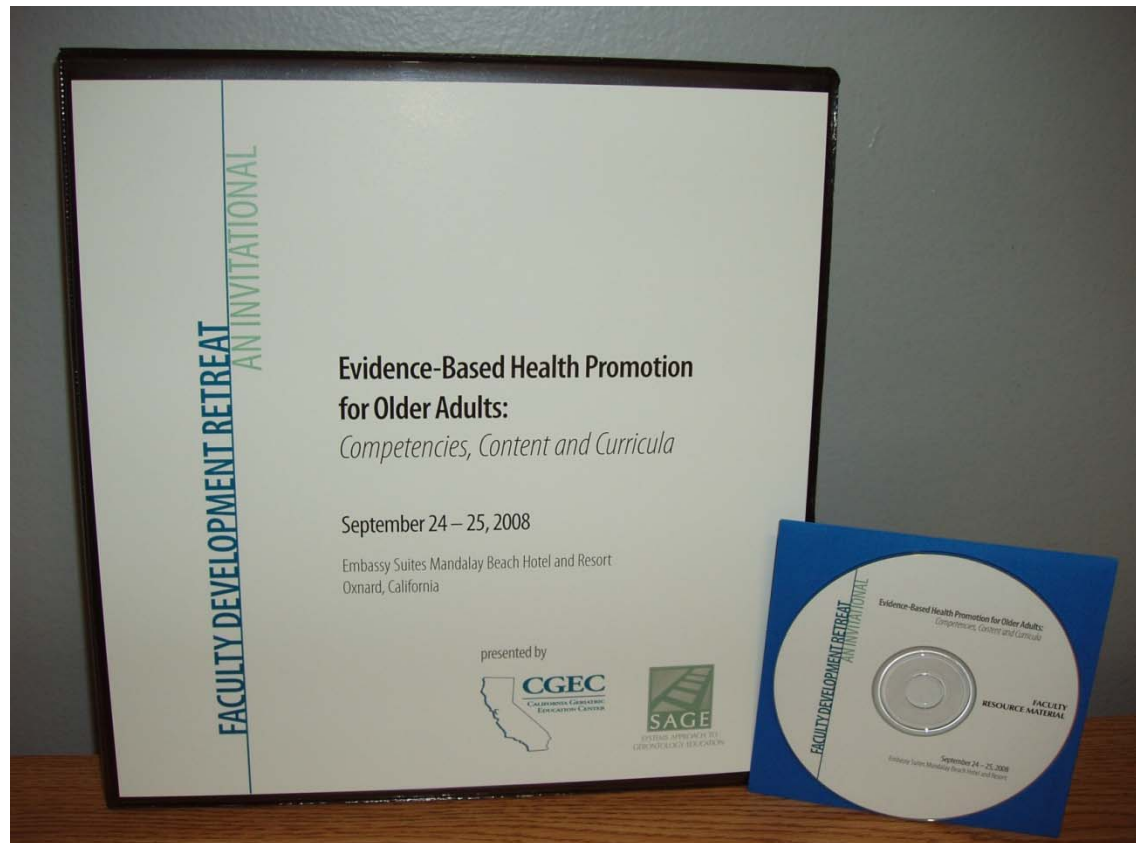


The CGEC EBHP Faculty Development Program

- 64 GGA faculty attended from 32 colleges
- 48 Action Plans to incorporate EBHP content into training programs
- 23 APs focused on Falls Prevention
 - Develop a new course module, a new fieldwork or clinical experience



EBHP Curricula Tools



The Fall Prevention Center of Excellence is supported by the **Archstone Foundation**



The Importance of EBHP

Curricula in GGA*

Education

- Demonstrated positive outcomes
- Positive learning experience
- Prepare students for new job opportunities
- Interdisciplinary
- Relate to professional competencies

**GGA = Gerontology, Geriatrics and Aging*



For More Information

California Geriatric Education Center

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