

# Description



Welcome to the 9th Annual Senior Injury Prevention Conference. This year we will continue to examine topics that affect all older adults and those who care for them. Medication Use, Foot Health, Driving Safety and Falls are all issues that can be life altering. By

developing a thorough understanding of these topics and their impact on healthy aging we will be better able to play an improved role in encouraging and assisting older adults in living safe, healthy, and satisfying lives.

This year's conference will include exploring how injury prevention can be integrated into Emergency Departments and/or Trauma Services. The ED presents a great opportunity for identifying older adults at risk for falls, driving problems, and medication issues but while many hospitals assess patients for these issues if they are admitted to the hospital, there are few programs that involve assessing patients who are discharged from the ED to home.

The 2009 Statewide Senior Injury Prevention Conference is being presented through a partnership between the Alameda County Senior Injury Prevention Partnership, The California Emergency Nurses Association and the California Department of Public Health.

**This conference is funded, in part, by the Archstone Foundation.**

## Who should attend:

- ✓ Health Care Providers
- ✓ Board & Care Managers
- ✓ Ombudsmen
- ✓ Senior Program Managers
- ✓ In Home Support Services
- ✓ Community Outreach Workers
- ✓ Fitness Professionals
- ✓ Prehospital Personnel
- ✓ Pharmacists
- ✓ RCFE Managers
- ✓ Case Managers



Senior Injury Prevention Program  
Adult & Aging Services  
6955 Foothill Blvd. Third Floor  
Oakland, CA 94605



## Senior Injury Prevention Partnership

An Alameda County collaboration

## Ninth Annual



# Senior Injury Prevention Conference



**May 28, 2009**  
**Handlery Hotel and Resort**  
**950 Hotel Circle North**  
**San Diego, California**  
7:30 AM – 4:00 PM

# Program

**May 28, 2009**

7:30 - 8:30 **Registration, Continental Breakfast and Networking**

## Conference Agenda

**Moderator Barb Alberson, Chief, Injury Control Section CA Department of Public Health**

8:30 - 9:00 **Welcome** - Janet O'Leary, RN MICN, CEN  
2009 President, California Emergency Nurses Association

9:00 - 9:45 **Medication Use and Misuse**

9:45 - 9:55 Q & A

9:55 - 10:40 **Latest in Physical Activity for Fall Prevention**

10:40 - 10:50 Q & A

**10:50 - 11:10 BREAK**

11:10 - 11:50 **Foot Health and Successful Aging**

11:50 - 12:00 Q & A

12:00 - 1:15 **LUNCHEON & POSTER SESSION**

1:15 - 1:45 **Stop Falls Network California**

1:45 - 2:25 **Driving Safety**

2:25 - 2:35 Q & A

2:35 - 2:45 **BREAK**

2:45 - 3:00 **Basic Life Support Hospital to Home Program**

3:00 - 3:45 **Injury Prevention in the ED**

3:45 - 4:00 Q & A -Brainstorming

4:00 **Closing Remarks and Adjourn**

# Storyboard Session

Fifteen Southern California agencies will be displaying storyboards showcasing their older adult injury prevention programs. Program staff will be available to answer questions.



If you would like to participate in this segment by displaying a storyboard that reflects your program please contact:

Colleen Campbell at (510) 577-3535 or by email at: CCAMPBEL2@ACGOV.ORG

## Continuing Education

This course is approved for 8 hours of prehospital continuing education, Alameda County EMS CE Provider #01-0001

This is an activity offered by the Foundation for Osteoporosis Research and Education, a Provider approved by the California Board of Registered Nursing, Provider Number CEP 12283

# Physical Activity Training

In conjunction with the 2009 SIP Conference, the Center for Successful Aging (CSA) at California State University, Fullerton will hold a full-day course for Physical Activity Trainers on balance and mobility as a strategy for fall risk reduction. The course will be held on May 27, 2009 at the Handlery Hotel. Course fees are \$50 per participant. Please see the registration insert for further details.

Sponsored by the Archstone Foundation and the Fall Prevention Center of Excellence

## Registration Form

Ninth Annual  
Senior Injury Prevention Conference  
May 28, 2009

Please register by May 1, 2009  
in order to be added to the participants list.

Name: \_\_\_\_\_

Title/Occupation: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

e-mail: \_\_\_\_\_

Continuing Education:  Yes  No

Type:  RN  EMT/Paramedic

License No: \_\_\_\_\_

We cannot give you a certificate without your license number

Mail registration form and check, money order, or cashier's check for \$65. (special \$30. rate for students) made payable to **United Seniors** to:

**For conference information call:**

Colleen Campbell (510) 577-3535

Email: CCAMPBEL2@acgov.org

**For registration questions call:**

Ronda Tangren (510) 729-0853

Email: rtangren@yahoo.com

Ronda Tangren

1423 Coppervale Circle

Rocklin, CA 95765

Limited registration available at the door