



## Fall Prevention Coalition - Los Angeles (FPC-LA)

Wednesday, December 14, 2011, 10:00 – 12:00 pm

Braille Institute – Community Room

741 N Vermont Ave., Los Angeles, CA 90029

Attendees: Greg Misiaszek, Emily Nabors, Anna Nguyen, Jon Pynoos, Fall Prevention Center of Excellence; JoAnna Levinson, Rita Mozian, LA Public Health Dept.; Jorge Lambrinos, USC & AARP

### I. RECAP / UPDATE – Key Activities and questions from previous meeting

- a. Helen Davis said starting in January 2012 she could send monthly e-mails about relevant activities/events for all member organizations to interconnect, and to have a centralized list to make members aware of events, send info to be disseminated, send requests for vendors or speakers, etc.
- b. Information Development: Generate new, update, and translate handouts
- c. Question of who would be the lead agency, and additional funding possibilities
  - i. Spoke with Linda Cantrill regarding a possible donor, sent her a one-page document about FPC-LA
  - ii. **TO DO: Emily and Anna** to send out one-page document to Coalition members
  - iii. Spoke with Kelly Fischer from PH – not possible for them to take on leadership role due to staffing limitations
  - iv. Spoke with Laura Trejo from AAA – to guide our activities and leadership, Coalition must decide what we want to achieve

### II. WHAT DO WE WANT TO ACHIEVE? WHERE TO GO FROM HERE? (Discussion)

- a. A top challenge in Coalition survey results (p. 5) is barriers to education re: falls. Need to raise awareness that fall risks affect us all, but that they can be reduced
  - i. Capitalize on existing Coalition products – Speakers Bureau, Falling Monologues, translated handouts – more widely distribute what we have to educate older adults
  - ii. Combine all materials into one packet
  - iii. Community liaisons and health educators are positioned to help disseminate
- b. Fall Prevention Awareness Week is something members can rally around – plan for annual events and activities while benefiting from ongoing monthly collaboration email
- c. Develop business plan to lay out what we want to do; establish goals and timelines
- d. Be more structured about our initiatives and what members are to do
- e. Create and obtain renewed memorandums of understanding (MOUs)
- f. Ensure that decision makers are around the table rather than staff members who would need to go back to supervisor for approval to get things done
- g. Reconvene steering committee
- h. Find ways to generate our own funding
- i. Consider keeping Coalition at a neutral institution
- j. Renew excitement, increase awareness about Coalition, publicize successes

### III. NEXT STEPS

- a. Create business plan based on feedback from member survey, provides structure for a limited number of activities
- b. Convene steering committee, consider electing Coalition Chairperson to connect leadership/staff and members
- c. Develop MOUs
- d. **TO DO: All** = please fill out Doodle schedule so we pick a convenient standing meeting time for Jan-Mar 2012 - <http://doodle.com/auey5pzi4xunmfi>