



## Fall Prevention Coalition - Los Angeles (FPC-LA)

Wednesday, August 17, 2011, 10:00 – 12:00 pm  
The California Endowment

### Attendees: 14

Emily Nabors, Anna Nguyen (Fall Prevention Center of Excellence), Jasmine Libarian (Forever Active, Inc., via phone), Mike Murase (Little Tokyo Service Center), Donna Benton (LA Caregiver Resource Center, via phone), Pamela Huntoon (LA City Council), Helen Davis (LA City Department of Aging), Rickey Sewell (LA County Fire Dept, via phone), Laura Gazdziak, Rita Mozian (LA County Public Health, Rita via phone), Jackie Dodd (Menorah Housing), Carol Hahn (OPICA), Linda Cantrill (Spirited Balance, via phone), Phyllis Farrell (Physical Activity Instructor, via phone)

### I. Updates

#### A. The Falling Monologues

- Taped performance - Emily, Anna, and Marilyn Faber were interviewed for *Aging Well in LA* segment, which has a viewership of 400,000
- Post-scripts to be recorded Aug. 30 along with a generic introduction so the *FM* can be used by Coalition members
- When ready, FPC-LA will post *FM* taping on YouTube
- Interest from Burbank and other cities to show *FM* on their local channels; there are no copyright issues - it's on a gov. channel, it's public domain

#### B. LA County Speakers Bureau presentation

- Received and addressed feedback from Dr. Tony Kuo - added information on hip fracture, osteoporosis, outdoor falls; more suggestions received post-meeting - will make additional edits
- **TO DO: Emily/Anna** to inform members when speakers bureau is ready for presentation requests via County Public Health website (in about 3 weeks)
- **TO DO: Emily/Anna** to update presentation for members' use and send out

#### C. Abstract submitted to ASA Aging in America conference on *Falling Monologues*

- ASA held March 28–April 1 in Washington, DC
- **TO DO: Members** email Emily or Anna if you plan to attend conference

#### D. 11<sup>th</sup> Annual Seniors Celebrating Healthy Living Event

- Hosted by Councilwoman Jan Perry; 2000 seniors expected to attend
- Thurs. Sept. 15<sup>th</sup>, 9-2pm at the LA Convention Center, S. Hall K
- Contact Pamela Huntoon for more information: 323-846-2658

#### E. Public Health Community Liaison meeting tomorrow, August 18th

- Attended by public health nurses; Rita will discuss FPC-LA
- Laura is promoting Parks After Dark, with sports events, walking group, county library, games in Ted Watkins and Franklin Roosevelt Parks

#### F. LA Caregiver Resource Center, 13<sup>th</sup> Annual Caring for the Caregivers Conference; attended by ~400, to be held on November 12th, more info to come

### II. Fall Prevention Awareness Week (Sept. 18-24, 2011; Sept. 23<sup>rd</sup> is FP Awareness Day)

#### A. FP Resource Packet

- Providing FP information to community programs to distribute to older adults who may be underserved in terms of FP
- Targeting priority groups initially (Low vision, congregate meal and home delivered meal recipients, MSSP participants, faith based institutions)

- Reviewed mock-up of packet; will seek input from representatives of above groups
- B. FPAW City and County Proclamations
- Working with Brenda Sapp Pradia to obtain Proclamation from County Board of Supervisors
  - **TO DO: Emily/Anna** to contact Pamela to schedule presentation to City Council on Fri. Sept. 23<sup>rd</sup> (FP Awareness Day)
  - **TO DO: Members** email Emily or Anna to join FPC-LA in presenting to City Council
- C. FPAW Press release, article
- Members indicated they would use press release and article for newsletters
  - **TO DO: Members** send Emily or Anna success stories, description of FP activities at their organization (e.g., staff training) for inclusion in article
  - **TO DO: Emily/Anna** to create press release and article and send to members
  - **TO DO: Linda Cantrill** to send falls-related letter to Emily or Anna
- D. Seeking events scheduled during or around FPAW to incorporate FP
- National HIV-AIDS and Aging Awareness Day on Sept 18 (can check with AIDS Project LA for local events)
  - World Alzheimer's Day on Sept 20<sup>th</sup>
  - Annual Free Clinic - Care Now USC at Coliseum for low income/underserved individuals - could distribute FP info to people waiting in lines; contact: Lindsey Pontiff 310.309.8118
- E. Members' plans for FPAW
- **TO DO: Emily/Anna** contact Bertha Herd, Helen Davis to arrange placemat and poster distribution to congregate meal sites and senior centers
  - **TO DO: Emily/Anna** contact Helen Davis, Brad Williams to coordinate brown bag medication reviews by Pharmacy students at libraries
  - **TO DO: Helen Davis** to ensure Partners in Care addresses FP in their disease education and prevention work for the AAA during FPAW
  - Rita Mozian will try to get FP poster in four health centers
  - Jackie Dodd will hold or arrange for FP presentations at 10 Menorah Housing buildings
  - Laura Gazdziak will distribute FP information to organizations that attend homeless coalition meetings
  - Carol Hahn emailed ADHC centers the FPCE webpage for FPAW, will bring them posters and handouts, possibly make a bulletin board display
  - **TO DO: Members** fill out FP handout request form so we can provide you with resources for distribution during FPAW

### III. Next Steps

Community Programs Committee Teleconference: Tues, Aug 23 @ 1p

Senior Provider Training Committee Teleconference: Thurs, Aug 25 @ 1p

Next meeting: Wed, Sept. 14th, California Endowment, Cabrillo Room @ 10-12p