



Fall Prevention Coalition - Los Angeles (FPC-LA)

Wednesday, February 16, 2011, 10:00 – 12:00 pm

California Endowment, Sequoia Room

1000 N. Alameda, Los Angeles, CA 90012

Call-in number 888.488.3171 / Conference ID: 13201# / Conference Passcode: 694020#

FPC-LA Mission: to reduce falls among older adults by raising awareness, establishing a network of services, and advocating for policy change

Attendees: Adama Dyoniziak (Braille Institute); Emily Nabors, Anna Nguyen, Jon Pynoos via phone (FPCE); Denise Piastrelli (Cedars-Sinai); Mike Stifel (JFS); Mike Murase (Little Tokyo Service Center); Carol Hahn (OPICA); Reeza Epino, Suzanne Gero, Rita Mozian, Grace Samson (LA County Dept of Public Health); Kym Hall (RT for Motion Picture Television Fund); Natalie Zapella (via phone, Program Manager at Partners in Care); Rickey Sewell (LA County Fire Dept)

Minutes

1. Check-In

- a. Adama – Braille is hosting a one-day event in September: “Getting Around Town and Exploring the World,” involves mobility and could include fall prevention (FP); March 10, World Kidney Day event at CA ScienCenter with primarily African American participants – 500+ attendees
- b. Mike Stifel – JFS created new Health & Wellness division that is exploring *Tai-Chi Moving for Better Balance* and *OTAGO* (homebound frail elderly) evidence-based FP programs
- c. Carol – will be facilitating a Powerful Tools for Caregivers presentation on March 1 (see attached flyer and brochure)
- d. Mike Murase – hopes to train property management staff on FP
- e. Denise – working to increase attendance at Sept FP event, National Trauma Month with focus on falls
- f. Rita – involved in Public Health’s awareness month in April
- g. Kym – would like to host health fair in next quarter; new affordable housing in Calabasas across the street from MPTF; \$400-\$1200
- h. Suzanne – presenting to over 100 older adults on emergency preparedness and FP on March 10th
- i. Natalie – new project manager, Partners in Care Health Innovation Program

2. Coalition Member FP Services Highlight – Mike Stifel (JFS)

- a. Director of the Eichenbaum Health Center
- b. Center open 9a-3p M-F; gym and exercise programs (e.g., gait and balance) for older adults 55+ with no geographic eligibility requirements
- c. Process: Set-up a health appt, get health history, approval from physician
- d. Partner with Cedars-Sinai and Olympia Medical Centers to provide out-patient physical therapy

3. Service Provider Training Committee Update

- a. Priority groups of providers to reach: Dept. of Aging/Dept. of Community & Senior Services (CSS), In-Home Supportive Services (IHSS), Organizations for related chronic conditions, Senior housing staff



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- b. Training presentation would need to be refined to address needs of particular audience
4. Community Program Committee (work with community programs to reach underserved older adults with FP info)
 - a. Priority groups and organizations that work with them: Low vision (Braille Institute, Centers for the Partially Sighted); Homebound adults (Meals on Wheels); Congregate meal sites (Bertha Herd, organizations that offer meals); Senior housing (Southern CA Presbyterian Homes, Menorah Housing); Faith based institutions (Rickey Sewell; Mike Murase has connections with API community)
 - b. FP information: Fact sheets; placemats as a way to start a conversation
 - c. Consider Multipurpose Senior Services Program (MSSP) – low income, homebound seniors
 - d. Community Theatre project – Emily/Anna to meet with script writer on February 17th
5. Speakers Bureau
 - a. FPC-LA and Dept of Public Health developing FP Speakers Bureau PPT
6. Resource Directory
 - a. Spoke with Laura Trejo – Network of Care website is national, there is potential to modify it
 - b. **TO DO: All** to let Emily/Anna know if you are interested in the Resource Directory Committee
7. New Collaboration Requests / Opportunities
 - a. Alzheimer's Association – interested in collaborating to develop training on FP for providers that work with dementia population
 - b. Walgreens –“community leader” store managers open to suggestions to sponsor programs/events in the community; potential topics include:
 - i. Pharmacy (drug interactions– Brad Williams)
 - ii. Products they sell (BP machines, assistive devices)
 - c. Graduate students support work of FPC-LA at Dept. of Aging
 - i. Consider research project along with direct service
8. Upcoming Train-the-Trainer (March Coalition Meeting)
 - a. Goal to make Coalition members comfortable giving FP presentation
 - b. What would make the presentation most useful for you?
 - i. Vignettes, visual aids, demonstration to show how changes occur
 - ii. Have ability to tailor PPT slides to match their organization
 - iii. Link with Injury prevention educators at hospitals
 - iv. Include: what happens after the fall
 - c. **TO DO: All** to e-mail Emily/Anna any additional comments or thoughts

Next Meeting

Wednesday, March 16th from 10:00 am – 12:00 pm

Jewish Family Service of Los Angeles - 3580 Wilshire Blvd., Los Angeles, CA 90012
Goren Conference Room (7th Floor)